

“The Untold Truth Behind Current Treatment For Type II Diabetes Your Doctor May Not Know About”

Inside This Diabetes Guide You’ll Discover...

- ✓ Why Your Current Method Of Treatment May Be Dangerous To Your Health!
- ✓ How To Determine If You Are Doing Everything Possible To Better Your Health!
- ✓ The Most Common Reasons Why Your Diabetes May Get Worse With Time Not Better!
- ✓ What To Do Right Now If You Suffer From Type II Diabetes!
And much more!

Dear Type II Diabetes Sufferer,

If you are reading this report then there is a good chance that you or a loved one has been stricken with Type II Diabetes. This may be the one thing you read about your disease that may change your life forever. I am about to reveal shocking information... that puts me in hot water with the powers that be.

As a doctor, however, I have to put it all on the line... Lives are at stake!! Your life is at stake!! If I don’t speak up then who will?

You have either just been diagnosed with Type II Diabetes or you have been living with it for some time now. In either case the clock is ticking and your disease may continue to progress if you don’t have the right information...Much of that information will be found in the guide you now hold in your hands.

Read As Though Your Life Depends On It...

You are one of 20.8 million Americans suffering with diabetes (that's 7% of the U.S. population. *You are not alone.* This is a terrible disease that has reached epidemic proportions with no end in sight.

Many diabetics, maybe even you, lay awake at night wondering how much time they have until the effects of the disease start to take their toll on their body and life.

Wondering about:

- ✓ Your eye sight
- ✓ Your Cardio-vascular health
- ✓ Your kidneys
- ✓ Loss of your limbs
- ✓ Your cholesterol numbers
- ✓ Your risk factors for cancer
- ✓ Your risk factors for stroke
- ✓ Whether or not this disease will cut your life short

The bad news is... You are right to worry and wonder because once you are stricken with this disease most if not all of these complications are inevitable, unless you take massive action.

Your diabetes doesn't have to be a death sentence. The secrets I will reveal to you in this guide will shock and anger you. When you are done you will be wondering why your doctor never revealed this information to you.

What You Discover In This Guide May Change Your Life Forever...

Now, first things first. Before we go any further, I want you to do me a favor...promise you will read this entire report, word for word, at least twice. Why twice? Well, because there is valuable information that can possibly give you your life back – I just want to make sure you “get it all” and don't miss anything. After you read it twice, don't throw it out...give it to someone else suffering from type II diabetes.

I want you to feel the incredible connection and inner fulfillment I do, when I give you these “secrets” and unlock the diabetic ankle chains that have stolen and IS stealing so much of your life.

From this moment on, as you read further and discover the ONE THING, above all others, that can quite possibly answer all your burning questions about your disease, you will also realize you are no longer alone...you will NEVER, EVER be alone again.

Here's Why Putting This Report Aside Could Cost You A Healthy, Happy Life...

If you've been desperately searching for answers, REAL and HONEST answers as to why you have type II diabetes and HOW you can get better. If you're sick and tired of listening to the so called "experts" who continue to pump more drugs and insulin into your body which leave you no better. If you want to FINALLY get your life back...then reading this entire report *RIGHT NOW* and not putting it on a pile next to your unpaid bills, will prove to be the biggest, most important decision you've made in a long time.

If you have just recently been diagnosed with type II diabetes or have been suffering with it for years, if you worry about playing with your children or grandchildren or doing things you love to do because you always feel "lousy" or wonder what the future holds for you, you need to read this report. ALL OF IT. I honestly, don't know where else you can get this vital information.

Do NOT put this off or you WILL miss out. You will kick yourself later as you realize reading and following this simple report was the help you've been praying for since diabetes stole your life.

After reading the next 16 pages, you will feel that giant weight being lifted off your chest as you get the possible answers to that huge, debilitating life altering monster that cripples your enthusiasm for life, strains your relationships, and causes you concern for your life down the road.

You know that monster I'm talking about – the "Diabetic Monster" that causes you to take diabetic drugs, high blood pressure medications, cholesterol lowering drugs – the one that causes you to check your blood sugar several times per day, the one that robs you of your energy so you no longer have the will to exercise.

I'm here to tell you it does NOT have to be this way... it does NOT have to be a struggle anymore.

How is that possible you may be asking? It sounds too good to be true... I thought I had tried...

Well I know that you have not exhausted all options and probably have not even tried the best options for your condition. It's not about the luck of the draw. It's about little known secrets. And what's a secret? A secret is nothing more than knowledge.

Knowledge That You Don't Have That Could Change Your Life Forever!

Imagine how life would be if you no longer needed the drugs...

Imagine how life would be if you no longer had to inject yourself with insulin...

Imagine if you had the energy to exercise and lose the diabetic weight...

Imagine what life would be like without having to get up constantly throughout the night to use the restroom...

Imagine what life would be like without living in constant fear of the devastating effects of this disease...

Well, stop imagining... **The information you need is here!!!**

Hi, my name is Dr. James Holland, D.C., and I am about to reveal to you what I believe is the **ULTIMATE MISSING LINK**, possible solution to your type II diabetes.

Why would I offer this free guide and reveal all this to you...a complete stranger?

Well, I know just how crippling diabetes can be. I know how diabetes changes your life for the worst. I know how diabetes can put a strangle hold on your life... squeezing your hopes and dreams right out of you like a giant anaconda.

How do I know how YOU feel?

Well, I help type II diabetics **EVERY DAY**. You see a large part of my practice is devoted to helping patients just like you. Devoted to a disease that in my opinion is grossly mismanaged. Devoted to a disease that takes so many lives unnecessarily each year.

Is Type II Diabetes Reversible?

Is There A “Cure” For Type II Diabetes?

This is really the wrong question to ask...I don't really concern myself about “curing” type II diabetes...I don't really care about the diagnosis of type II diabetes...This type of thinking and philosophy has gotten us where we are today with respect to health in this country (which is pretty much at the bottom of the barrel)...

Doctors are so concerned about finding a cure that they forget how to think...how to think about what could be going wrong with the body at a physiological and bio-chemical level. They are no longer permitted to think. Today's doctor must follow the “standard of care”...What does this mean? Well the standard of care is that if you are diagnosed as a type II diabetic then you get one or multiple diabetic drugs or insulin.

Without even meeting you I am fairly certain I know what drugs you are taking. How do I know this? Because most type II diabetics get basically the same treatment...the same drugs.

The ultimate question is what is and has caused the condition of type II diabetes...When you remember how to think...remember how the body functions... you begin to ask far more critical questions than, “is there one pill that can cure one disease?”

I have spent and continue to spend countless hours every week helping patients suffering from diabetes just like you and scouring the earth to find the very best and the very latest advances in helping diabetics just like you.

And What I've Discovered Is Like The “Fountain Of Youth” For Diabetic Sufferers!

You read that right. What I've discovered is the equivalent of stumbling across the fountain of youth. And I'm gonna share it all with you. All of it.

Here's what this is all about: I was your average doctor and knew only the basics about type II diabetes. I had seen quite a number of cases in my practice only to refer them out to the so called “diabetic experts.” Only to find that the patients who were walking out of my office were going down a dark and miserable path. I have even seen and felt the horrible effects of type II diabetes on my family members, watching their bodies progressively fail them until their ultimate demise.

Most doctors I know just put their diabetic patients on the standard cocktail of drugs and insulin therapy and leave them to their own devices. Finally I had enough with this disease!! I knew in my heart as you probably feel in yours that a critical piece of the puzzle is being left out at your expense.

Why The Eventual Prescription Of Insulin Therapy May Prove To Be Your Ultimate Downfall...*You must engrain into your brain the following statement...*

High levels of insulin floating around in your body is potentially dangerous to your health and ultimately to your life!!

All of the diabetic drugs are just treating the symptom of high blood sugar, while your disease continues to progress to the ultimate reality of insulin therapy. When this reality hits and your doctor says “well I think we need to start giving you insulin to control your blood sugar” you are in big trouble...a world of hurt.

You see more than likely it's not that your body is lacking the hormone insulin... **The problem for the majority of type II diabetics is that insulin resistance has set in...** this basically means that your body has lost the ability to utilize insulin appropriately.

What sense then does it make to continue to bombard the body with something it no longer recognizes and can no longer process? Especially when that substance (insulin) may be harmful to your health and more than likely will cause your disease to progress.

Insulin at high levels:

- ✓ May cause you to age prematurely shortening your life expectancy.
- ✓ May cause you to gain weight at an alarming rate.
- ✓ May cause more insulin resistance.
- ✓ May cause your blood pressure to increase.
- ✓ May cause cardio-vascular disease.
- ✓ May increase your risks to develop cancer.

And that's just a short list...

Meanwhile year after year your body will require more and more of this stuff in order to maintain somewhat normal blood sugar levels.

You deserve more!!! It's like the medical establishment has just given up on you and forgotten how to think. With over two trillion dollars spent on “health care” in 2006 you deserve to have better options. You deserve to be able to live a normal life...

If you REALLY want to rid your body of the disease of diabetes and start living a normal life then you need to first be aware of...

Six Diabetic Treatment Misconceptions:

1. Type II Diabetes Is Genetic

Could you have been born with a genetic fate to develop type II diabetes? Absolutely, yes. However, this is just one factor. Your genetic predisposition or your “genotype” is just one factor in your future health profile it is not the only one. You can certainly have the genetic potential to develop type II diabetes, but other factors such as lifestyle choices, diet, exercise, ability to handle stress, etc. will determine whether or not you express that genetic potential.

This misunderstanding of the role of genetics has led the medical establishment to have a “give up attitude” towards the treatment of type II diabetes. “You’re mother and father have diabetes so it’s no surprise that you now have it.” This point of view is extremely dangerous because it limits your possibilities for treatment and healing.

2. Type II Diabetes Is Irreversible

It’s a death sentence of sorts...There is nothing that can be done short of managing the symptoms and complications of diabetes.

The people who believe it to be irreversible have given up on you... They have forgotten the innate wisdom of the body...That the body can and does heal itself if given the right tools and circumstances.

This point of view leads doctors to continually prescribe expensive and dangerous diabetic drugs...Not to mention all the high blood pressure and cholesterol lowering drugs...And when those all fail they will bombard your body with increasing levels of insulin.

3. Prescription Drugs Are The Cure All For Diabetes

If that were the case we would have found a “cure” by now. With all the money spent on diabetes “research” and drug therapy you would think you would be completely healed of diabetes by now.

One of the things that angers me and maybe you have had the same experience... Your doctor gives you a diagnosis of type II diabetes... gives you a prescription... tells you to change your diet and exercise then is gone in a flash on to the next patient.

Never spending the time with you to discuss how you might have gotten to this place in your life...

Never giving you any dietary or exercise advice. How are you supposed to know what to eat and what not to eat. You are not a doctor or an expert in nutrition.

You are left to your own devices. . . Sure you could do your research on the internet or read a

book on the latest fad diet, but do you know how much conflicting dietary information is out there. GOOD LUCK trying to wade through all that information.

And what about exercise? What type of advice did you get there? Did you know there is a special exercise strategy for type II diabetics? Do you know what it is?

If you don't then you are missing a critical piece of the puzzle...

You need a doctor who can bring it all together for you.

4. All Doctors Know How To Treat Type II Diabetes

There's a saying that goes something like this...

Hammers hit nails... M.D.'s prescribe medication...

Expecting a different approach from your medical doctor will only lead to disappointment. That's why I wrote this guide – to help type II diabetic sufferers just like you.

Before we go any further, let me stress to you that there is a place for medication, but more importantly, the cause of the problem must be identified because the wrong diagnosis = the wrong therapy.

And, if your medication fails you'll probably get even stronger medications where the side effects may be even more harmful to your health.

Since none of the treatments your doctor may be giving you are meant to actually correct the true cause of your problem, logic says your diabetes will only get worse. You'll continue to be given more and more drugs until one day your diabetes gets to a point where you need insulin, unless you are already at this dreaded stage.

5. The Only Organ In The Body That Is Involved In Sugar Regulation Is Your Pancreas

This is probably the most serious misconception. Sure your pancreas is an important organ in the regulation of blood sugar, but there are other organs that need to be evaluated in order for proper therapy to be applied.

The four main organs that play a role in regulation of blood sugar and therefore play a role in your diabetes are: Your Liver, Pancreas, Adrenal Glands, and Thyroid. When was the last time your doctor evaluated these organs or ran the appropriate tests to find out if they are impacting your disease?

6. Blood Tests Need To Be Monitored Only 2 Times Per Year

This is very dangerous. Let's think about this logically for just a minute. If you are taking medications that are supposed to heal the body from diabetes, then wouldn't it make sense that you monitor the blood tests more regularly?

In my opinion the answer to that question is YES! You must monitor your bio-chemistry about every 45 days to make sure things are going in the right direction. To make sure that the body is healing and moving in the right direction. To make sure adjustments to therapy are being made when necessary.

Most of my diabetic patients were lucky if they were being evaluated by their doctors once per year before they started seeing me.

Is Your Doctor Doing Everything Possible For Your Condition Leaving No Stone Unturned?

If you answer "No" then it is likely your doctor is a road block to you reclaiming your health and living a life that you deserve. At the very least he or she is leaving stones unturned. Don't get me wrong it's not that your doctor is intentionally holding back information; it's more likely that he or she does not have the information that I have.

- 1. Does your doctor spend enough time with you to answer all of your questions and concerns?**
- 2. Has your doctor provided you with a written treatment plan with clear goals, objectives, and bench marks that can be measured?**
- 3. Has your doctor given you specific dietary guidelines to follow?**
- 4. Has your doctor given you a specific exercise program that ensures you are burning fat instead of sugar?**
- 5. Has your doctor ever specifically checked for anemia's or other blood**

disorders?

- 6. Has your doctor ever ordered an adrenal stress index for you?**
- 7. Has your doctor ever done a comprehensive digestive stool analysis on you?**
- 8. Has your doctor ever ordered a COMPLETE thyroid panel for you?**
- 9. If you are male have you ever been evaluated for Andropause?**
- 10. If you are female has your doctor ever ordered an expanded female hormone panel?**
- 11. If you are female and post-menopausal has your doctor ever assessed your risk factors for developing uterine or breast cancer?**

If you answered No to any or all of these questions then there is a good chance that your diabetes is not being managed properly. You deserve better!!

So What's The Secret?

If you haven't figured it out already... Here it is.

You need a doctor who cares about you and how this disease is negatively impacting your life... A doctor who will spend the time to listen to all of your concerns and really be thorough... A doctor who will put it all together for you and take all the guess work out of doing your part. One that does not just push drugs on you.. One that spends countless hours researching the latest and greatest in the treatment of type II diabetes... Not just taking treatment advice from a pharmaceutical sales rep. One who will take the time to listen and search like Sherlock Holmes to uncover the true nature of your condition.

You need a doctor who has not given up on you... A doctor that won't give up until you become free from a life of misery and dysfunction... You deserve it!!

I know it sounds like an impossibility... You have been brainwashed into thinking this is a death sentence. That you are just destined to suffer the ill effects of diabetes. You may even lay awake at night just wondering what you've done to deserve this disease.

Don't give up HOPE...

The Dissection Of A Soul...

You see, you can loose a leg... you can loose an arm... but there is NOTHING like an amputated spirit. That's what diabetes can do to you. And the worst part is you are not alone. Type II Diabetes is amputating the spirit of so many people. People just like you...

Diabetes is a nasty disease ruining the lives of millions of people. A disease once thought to only affect adults is now starting to strike at our young children. And this quite frankly is unacceptable.

What I'm here to do is share information with you. Sharing this information with you I think will change your life forever. Give you the power and energy to live life to the fullest again. Before it's too late.

I will take you by the hand and answer ALL your questions... giving you the best possible way to get healthier and stronger.

I don't care if you've been to 100's of other doctors or if you've tried everything under the sun to no avail. None of that matters.

The ONLY thing that matters... is your desire to live a healthy life... a quality life... free of constant monitoring of your blood sugars...constantly having to monitor your diet...in short your desire to be whole again.

Let me be your guide. I know what you're going through. I have helped diabetics and pre-diabetics and no one can tell me that you are doomed. I KNOW BETTER. I have personally seen many diabetics missing critical information about their condition that changes their overall ability to function optimally.

I've filled my practice just from word-of-mouth.

I make sure appointments are scheduled to give each and every one the individual attention they need to get the best possible results. I refuse to be one of the doctors who spends only 3-5 minutes with each patient. Quite frankly that common practice makes me sick.

So please... if you are at all interested in seeing if you qualify to be a patient of mine, and see if this is finally the one thing you've been waiting for... the one thing you've been dreaming about... do it now. As I'll explain in a minute, **you don't risk a single penny.**

How Would You Like To Find Out If You Qualify For This Amazing, New Program...Absolutely Free?

Here's The Qualification Process...

- ✓ **A consultation with me, Dr. James Holland, D.C., to discuss your problems and answer ALL your questions. You will be taken by the hand and ALL your questions and concerns will be answered before you leave.**
- ✓ **A complete Type II Diabetes qualification case history and questionnaire to help determine if I can help you.**
- ✓ **A Complete Type II Diabetes Dietary and Nutritional Evaluation. Here I will take you by the hand and analyze your dietary habits to determine whether or not you need to make any adjustments. In addition I will personally evaluate all your nutritional supplements, herbs, minerals, botanicals, homeopathics, etc. to determine whether or not they are right for you.**
- ✓ **Bring all your medical records. I will go over them with a fine tooth comb to make sure nothing has been missed. I can't tell you how many times I have found something that has been overlooked that could completely change your prognosis.**
- ✓ **As an added bonus if I determine that you are a good candidate for care in my office I will even give you a second day completely free...here I will give you a full report on your condition along with a written Diabetic Recommended Action Plan.**

Total Value (A Whopping \$1,000)

All Completely FREE!

If You Call (804) 754-7729 And Schedule Your Type II Diabetes Qualification Evaluation Before:

And if you qualify, here's why you won't risk a single penny.

My Promise...

“You will be satisfied with the care you receive at my office ...”

You see, **I cannot guarantee results.** But I can guarantee your satisfaction. If you qualify for care and in the first 30 days of treatment you are not happy for any reason, and I mean ANY REASON, you get ALL your money back... no questions asked! All you have to do is tell me, in writing, that you are not satisfied within the first 30 days. (This does not include any outside laboratory expenses.) I dare you to find any other doctor that is willing to match this offer.

You see, I believe in paying for results not just for someone's time. I know how frustrated I have been when I received horrible advice from attorneys and accountants and still had to pay the bill.

That has happened to me more than once quite frankly...

THAT STINKS!!!

So why would I accept you as a patient if I honestly did not feel I could help you? Why would I waste my time and yours only to have to give you your money back? For this reason, I only accept the most qualified people.

Now I can not tell you if you will qualify for my program, but if you do you'll have absolutely nothing to lose and possibly everything to gain.

**Now Give Me A Minute
To Speak “Off The Record...”**

You've spent the last half-an-hour or so reading this guide. 14 pages to this point. You **MUST** be seriously interested in what I've said and what my Ultimate Type II Diabetic Program can do for you. Finally finding a completely *risk-free* way to see if everything possible is being done for your disease... making sure that no stone is left unturned must be exactly what you've spent so many sleepless, painful nights dreaming about. Nevertheless, 9 out of 10 of you who have made it this far, all the way through this guide, will “chicken out.” Back down when the answer to your prayers may be just one, painless phone call away.

Why do so many people give up without at least giving it a shot? I think you've been taken advantage of... played for a sucker more than once... given up hope... Your fears preyed upon by the pharmaceutical ads and doctors who never listen to you. By this time you are a little more than “gun shy.” I understand and can't blame you. That's why I put my money where my mouth is and offer you the unparalleled, unconditional, satisfaction guarantee. You will NOT be taken for a fool and dismissed. You will be given ALL the tools you need to get relief from your diabetes.

Now the only question left is... *will you try or have you completely given up?*

Remember When...

If you can think back right now to a time before you first began having diabetic symptoms and that fateful day when an official diagnosis of diabetes hit you like a ton of bricks. Imagine how wonderful you felt without all the hassles and complications of being a diabetic. Always having to watch what you eat... Being told to exercise even though you had no energy to do so... Always having to monitor your blood sugar and insulin levels for fear of a serious health event... Feel how you felt...see what you saw... smell what you smelt... remember the zest you used to have for life before you came down with this wretched disease... It feels wonderful doesn't it?

Kinda like that feeling that engulfed your entire body when you first fell in love. Imagine how that would feel again... to have the energy and incredible connection again to life... with your spouse, your children, your family — and if you could look back on today, sitting here reading this guide, as being the beginning of that — the beginning of the happy, fulfilled, healthy life you've always wanted. If you can feel that **RIGHT NOW** and want that feeling to continue, you probably should, and ought to pick up the phone and schedule your evaluation **RIGHT NOW!**

Here's What To Do Next...

So, if you're really serious about ending your diabetic suffering, call (804) 754-7729 by

_____.

Remember you must call by the date stamped above to receive your consultation with me Dr. Holland D.C.,

Absolutely **FREE** with no further obligation!

Disclaimer: All free consultations are subject to availability based upon Dr. Holland's schedule. Should he run out of space for his diabetic program you will not be able to schedule an appointment until he opens his schedule again to take new patients.

Why go another day with diabetes eating away at your life, when the possible answer to your diabetic woes may be right here, right in front of you? How would you feel, finding out years from now, the potential answer to your problems was right in front of you all along... and you let it slip through your fingers?

Sincerely,
James Holland, D.C.

P.S. One Last Thing — It's Really important — Please remember... I can not possibly accept everyone into my program. I could easily get swamped very quickly. If that happens, I will have to stop the offer and start a waiting list. I did not write this guide to get rich. I have a very busy practice already. No. I wrote this guide because I honestly want to make a difference for as many type II diabetics as possible. And I'm always amazed at how quickly and easily someone's life can **completely turn around.** Now with this guide, I get the message out to many people. It's exciting for me...

So don't delay on this. If you want to find out if you qualify for this amazing program... all right now. After all the diabetics I have helped not one has ever asked for a refund. That's pretty phenomenal... and it proves this is the real deal... not just smoke and mirrors. This is very important. Call today.

P.P.S. The decision you make right now by either picking up the phone and scheduling your free evaluation or throwing out this guide may have a drastic effect on the rest of your life. It may be the difference between enjoying the rest of your life and doing all the things you want to do and suffering on the sidelines of life as this disease takes control. This decision is as serious as a heart attack and I hope you make it wisely.

P.P.P.S. This evaluation will take about 1 hour. There will be 8,760 hours in the next year. You will spend those hours many ways. How many of those hours will be spent watching TV.? Worrying? Sleeping? Doing "nothing?" Wasted!! I promise you will not miss this one measly hour from your hectic schedule. After your evaluation your life will only be one hour shorter, but thousands and thousands of hours "better."

P.S. #4 What is the worst thing that can happen to you if you come in and get your FREE TYPE II DIABETES EVALUATION?

Is this an opportunity you can afford to pass up?

Call (804) 754-7729~to schedule your FREE TYPE II DIABETES qualification evaluation. Remember, there is absolutely no further obligation but you must call by the date stamped in this guide to receive this **\$1000 value** completely FREE!

Before beginning treatment my husband did not feel good, had no energy, he was overweight and was puffy all over the place. It seemed as if he was just ready to die. After working with this program for just five months he has lost more than 20 pounds, his blood sugar is under control, he has been able to reduce his medications, has more energy, does not sleep all day. He smiles all day like he used to...He is once again the person I first married.

Donna Pena

June 2008

I have been under this treatment for six months for my Type Two Diabetes. I was taking insulin twice daily. I found it very hard to focus and I did not have any energy. I am now off insulin; I can't believe how much energy I have. It is much easier to travel without syringes! I am now working on decreasing my oral prescriptions. Due to Drs. motivation, the diet and supplements I have lost forty pounds. I would recommend this program to any other diabetic patient.

Cheryl Kincaid

Idaho Springs, CO

4-20-08

I have been a diabetic for over 20 years. My doctor had me on at least 8 pills a day and was ready to put me on insulin. I did not want to do that and luckily found an article in the paper. After six months I am now down to 2 pills a day and feel great. I was bordering on obesity and have lost 40 pounds. All the aches and pains that I thought was arthritis are gone. Everyone in the office has been outstanding. They always have a smile on their face and are so helpful and caring.

Larry Gravina

Littleton, CO 5/20/08

My blood sugar was running between 200 to 225. It seemed to just keep going higher and higher. I really felt bad. I started the diabetic program around six months ago. After treatment my blood sugar is running between 80 to 110. The real miracle is that I am now off of insulin. I feel really good and trim. I have lost 25 to 30 pounds.

Larry Glenn, Denver CO 6/2/2008

The results of the whole process has been eye-opening. Before I started my blood sugars averaged 250 and that was on medication and now they are averaging 125 after 2 short weeks. My weight before I started was 215 lbs. and now I am down 10 lbs. to 205 lbs. Before starting I was somewhat lethargic and suffered from reflux almost nightly. Now I have more energy and do not experience any reflux at all.

William (Bill) McCraw, Denver, Co

Disclaimer: This guide is for informational purposes only. It is not designed to substitute for professional and individualized health advice. Please do not stop or start taking any prescription medication without the advice of your prescribing doctor, as this can be very dangerous to your health. You should always consult with your prescribing doctor regarding prescription drugs.

Disclaimer: The testimonials included in and with this report were not actual patients of Dr. Holland, but underwent the same treatment program offered by Dr. Holland. The treating Doctor in the above cases is in constant contact with Dr. Holland supporting the treatment program offered by Dr. Holland.